

# SAFE HARBOR

A monthly newsletter for the Maritime worker from  
The Law Offices of Lyle C. Cavin, Jr.

*October 2018*



Thank you for your maritime service and taking the time to review our Newsletter. We at the Law Offices of Lyle C. Cavin, Jr. hope you find the following information helpful. If you have any questions regarding your rights or remedies please contact us at any time. We are here to serve you.



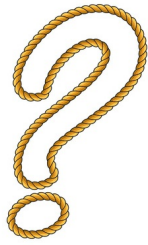
## PROTECTING YOUR LEGAL RIGHTS AFTER INJURY



When sustaining any on the job injury it is important, first and foremost, to report the injury timely. Undoubtedly, you will be asked for a statement as to your version as to what was involved in the event leading to your injury. In providing a written statement give enough detail for the reader to understand what occurred but never too much so as to raise issues as to whether you may have been

contributory to the injury. In other words, keep it simple unless the facts are so obvious that explaining same can not come back to haunt you. In no event acknowledge your own fault or call the event "unavoidable". Your statement will come up at a later date if you bring a claim. Lastly, always ask for a copy of your statement. Next month: Other documents important to your injury.

## QUESTION FROM THE BRIDGE



*I was injured at sea but did not report the injury until I was getting off for vacation about a month after it took place. Now the company is denying my maintenance and cure stating that they have no record of it occurring on their ship. Any suggestions?*

*Bartholemew, A. Galveston*

Bartholemew,

You have an uphill battle ahead of you. If you sought medical care on the ship for this injury you can probably overcome this hurdle. Also, if your first shoreside medical records contain reference to the event and injury it will help. However, nothing can replace the contemporaneous report of the injury to your supervisor or the medical officer on the ship on the same date as that occurrence.

### About Our Law Firm

For more than four decades, merchant mariners, longshoremen, fishermen and harbor workers plying their trades at sea, on the docks, on our U.S. coastal waters and inland waterways have turned to the maritime law firm of Lyle C. Cavin, Jr. & Associates in Oakland. Today, we are proud to be recognized as one of the preeminent maritime law firms serving injured marine workers nationwide, as well as one of the most successful personal injury litigation firms serving victims of negligence in the San Francisco Bay Area and throughout the West Coast.

### Team Approach to Every Personal Injury and Jones Act Claim

When you retain Lyle C. Cavin, Jr. & Associates for a Jones Act injury claim, or personal injury claim, you don't get just one attorney, you get our entire team of dedicated professionals. Our attorneys offer more than 150 combined years of courtroom and negotiated claims settlement experience. We will represent your interests with unwavering dedication, speed and expertise.

### Law Offices of Lyle C. Cavin, Jr.

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