

# SAFE HARBOR

A monthly newsletter for the Maritime worker from  
The Law Offices of Lyle C. Cavin, Jr.

May 2014



Thank you for your maritime service and taking the time to review our Newsletter. We at the Law Offices of Lyle C. Cavin, Jr. hope you find the following information informative and helpful. If you have any questions regarding your rights or remedies please contact us at any time. We are here to serve you.

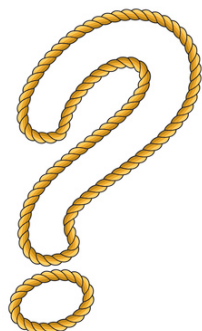


## HAVE YOU SUFFERED A VIBRATION TOOL INJURY? (PART 1)



Anyone who has used a needle gun, scaler or other pneumatically driven hand tool is at risk for hand, wrist and arm injury. These injuries manifest insidiously. Workers who have used these tools over many years are at greater risk to suffer this harm than those who have only a brief exposure of use. Even with personal protective equipment, such as special vibration reducing gloves, injury can be sustained. Limit use of these tools to avoid harm! More next month on this important topic.

## QUESTION FROM THE BRIDGE



*I used a needle gun performing vessel maintenance for only two weeks and now have numbness and tingling in my hands. Can this short exposure be responsible for these symptoms?*

*Paul, Baton Rouge, LA.*

YES! Studies have demonstrated that exposure as short as two weeks can cause permanent harm. It is important to see a qualified doctor such as an orthopedic hand specialist or a neurologist, if your symptoms persist.

## About Our Law Firm

For more than four decades, merchant mariners, longshoremen, fishermen and harbor workers plying their trades at sea, on the docks, on our U.S. coastal waters and inland waterways have turned to the maritime law firm of Lyle C. Cavin, Jr. & Associates in Oakland. Today, we are proud to be recognized as one of the preeminent maritime law firms serving injured marine workers nationwide, as well as one of the most successful personal injury litigation firms serving victims of negligence in the San Francisco Bay Area and throughout the West Coast.

## Team Approach to Every Personal Injury and Jones Act Claim

When you retain Lyle C. Cavin, Jr. & Associates with a Jones Act injury claim or personal injury claim, you don't get just one attorney, you get our entire team of dedicated professionals. Our attorneys offer more than 150 combined years of courtroom and negotiated claims settlement experience. We will represent your interests with unwavering dedication, speed and expertise.

Law Offices of Lyle C. Cavin, Jr. & Associates

*"Serving the Merchant Mariner Since 1970"*

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