# SAFE HARBOR

A monthly newsletter for the Maritime worker from The Law Offices of Lyle C. Cavin, Jr. December 2012

Thank you for your maritime service and taking the time to review our Newsletter. We at the Law Offices of Lyle C. Cavin, Jr. hope you find the following information informative and helpful. If you have any questions regarding your rights or remedies please contact us at any time. We are here to serve **you**.

## MEDICATIONS AND DUTY STATUS (Part I)

Many medications may preclude the mariner from shipboard service. It is not an easy field to navigate as there are very few hard and fast lists defining what will impact duty status. The National Maritime Center has attempted to define the permissible parameters.

Briefly stated: "No mariner should be suffering from any medical condition that is likely to be aggravated by maritime service or to render the mariner unfit for such service or to endanger the health of any other persons on board. It is recommended that any medication that could result in these effects be considered in the same way as a medical condition.

Mariners should not take any medication that has side effects that will impair judgment, balance or any other requirements for safe and effective execution of routine and emergency duties on board."

This can be very confusing and difficult to interpret, even for doctors, but offers some general guidelines.

Next month, we will discuss some specific medication categories that can prevent you from sailing.

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#### QUESTION FROM THE BRIDGE



I have been prescribed a narcotic medication for a back problem that I have related to an old injury. Is it okay to return to sea service while taking this medication?

Lewis B., Houston

Lewis, this depends upon a number of of matters, including whether it is a narcotic that could affect your reactions or attention aboard ship while on watch. Generally, it would be difficult to pass your pre-sign on physical if you disclose the use of such medications. It is important to be candid with any doctor performing a pre-sign on physical examination and let him know the medication you have been prescribed. There can be exceptions to the use of certain narcotics.

#### About Our Law Firm

For more than four decades, merchant mariners, longshoremen, fishermen and harbor workers plying their trades at sea, on the docks, on our U.S. coastal waters and inland waterways have turned to the maritime law firm of Lyle C. Cavin, Jr. & Associates in Oakland. Today, we are proud to be recognized as one of the preeminent maritime law firms serving injured marine workers nationwide, as well as one of the most successful personal injury litigation firms serving victims of negligence in the San Francisco Bay Area and throughout the West Coast.

## Team Approach to Every Personal Injury and Jones Act Claim

When you retain Lyle C. Cavin, Jr. & Associates with a Jones Act injury claim or personal injury claim, you don't get just one attorney, you get our entire team of dedicated professionals. Our attorneys offer more than 150 combined years of courtroom and negotiated claims settlement experience. We will represent your interests with unwavering dedication, speed and expertise.

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